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### Cardinal Safety Newsletter- February 2018

Otterbein Police Department

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FEBRUARY, 2018

*POLICE MOTTO:  
SERVICE FIRST*



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@OtterbeinPD



Otterbein Police Department  
194 West Main Street  
Westerville, OH 43081  
(614) 823-1222

# *Cardinal Safety Newsletter*

## Otterbein University Police Department

### What is Dating Abuse?

Dating abuse (also known as dating violence, intimate partner violence or relationship abuse) is the perpetration or threat of an act of violence and/or control by at least one member of an unmarried couple on the other member within the context of dating or courtship. The abuse can take a number of forms: sexual assault, sexual harassment, threats, physical violence, verbal, mental or emotional abuse, social sabotage, and stalking. It can include psychological abuse, emotional blackmail, sexual abuse, physical abuse and psychological manipulation. Any young person can experience dating abuse or unhealthy relationship behaviors, regardless of gender, sexual orientation, socioeconomic standing, ethnicity, religion or culture. It does not discriminate and can happen to anyone in any relationship, whether it's one that is casual and short-term or serious and monogamous.

Dating abuse is more common than you think. There are some warning signs that can help you identify if your relationship is unhealthy or abusive, including the examples below. Remember, the abuse is **never** your fault, and asking for help is nothing to be ashamed of.

Teens and young adults experience the same types of abuse as adults, including:

- **Physical Abuse:** Any intentional use of physical force with the intent to cause fear or injury, like hitting, shoving, biting, strangling, kicking or using a weapon.
- **Verbal or Emotional Abuse:** Non-physical behaviors such as threats, insults, constant monitoring, humiliation, intimidation, isolation or stalking.
- **Sexual Abuse:** Any action that impacts a person's ability to control their sexual activity or the circumstances in which sexual activity occurs, including rape, coercion or restricting access to birth control.
- **Digital Abuse:** Use of technologies and/or social media networking to intimidate, harass or threaten a current or ex-dating partner such as demanding passwords, checking cell phones, cyberbullying, non-consensual sexting, excessive or threatening texts or stalking on social media.
- **Stalking:** Being repeatedly watched, followed, monitored or harassed. Stalking can occur online or in person, and may or may not include giving unwanted gifts.
- **Financial Abuse:** Exerting power and control over a partner through their finances, including taking or withholding money from a partner, or prohibiting a partner from earning, or spending their money.

#### Where can you get help?

- Otterbein University Police Department — 614.823.1222
- Westerville Police Department — 9-1-1 for immediate threat or 614.901.6790
- Your RA (Resident Assistant)
- SARNCO (Sexual Assault Response Network of Central Ohio) — 614.566.4414
- 24-Hour Rape Helpline — 614.267.7020
- RAINN (Rape, Abuse and Incest National Network) — 800.656.4673
- A Friend

## Pedestrian Safety



- Always cross at corners, within marked crosswalks where available.
- Remain alert - don't assume that cars are going to stop.
- Look left, right and left again before crossing. Watch for turning cars.
- If crossing at other locations, yield to vehicles, failure to obey the law carries a fine.
- Walk on the sidewalk.
- Obey traffic signals, especially "Walk/Don't Walk."
- Don't talk on a cell phone or wear earphones when crossing the street.
- Wear bright or reflective clothing or shoes when walking at night.
- Stay sober!

### General Police Information

**Cardinal Red Alert:** Everyone is automatically signed up for the Cardinal Red Alert FREE emergency notification system by using contact information put in banner. In the event of an emergency or class cancellation, you will receive an email, text message and phone call advising you of the situation.

**Citation Appeals:** All appeals of citations must be completed within three business days of the issuance of the citation. Appeals forms are available at the Police Department. Appeals are heard within two to three weeks by the traffic council which is made up of representatives from campus (one faculty, one student, and one administrative staff member, not including Police Department personnel). You will be notified of the traffic council's decision shortly thereafter.

### February Training Classes

The Otterbein Police Department offers educational programs designed to improve and enhance your knowledge of crime and personal safety. Please join us for any of the following courses:

Know Your Rights	2/1	4:00-6:00pm	Hanby Hall
Self Defense Training	2/13	1:00—2:00pm	Rike Fitness Room
VAWA	2/20	1:00—2:00pm	Towers 112
Active Shooter Training	2/20	2:00—3:00pm	Roush 114
Alcohol Awareness Class	2/21	7:00—8:00pm	Towers 110

If there is something you'd like to learn about but don't see, let us know.

### Snow Emergency Levels

**Level I SNOW ALERT:** Roadways are hazardous with blowing and drifting snow.

**Level II SNOW ADVISORY:** Roadways are hazardous with blowing and drifting snow. Only those who feel it is necessary to drive should be out on the roadways. Contact your employer to see if you should report to work.

**Level III SNOW EMERGENCY:** All Municipal, Township, County, and State roadways are closed to Non-emergency personnel. No one should be out during these conditions unless it is absolutely necessary to travel. Those traveling on the roadways may subject themselves to arrest.